

Start your morning with the

NEPEAN BREAKFAST CLUB

A breakfast program provided by the Western Ottawa Community Resource Centre for seniors and adults with physical disabilities living in our community. A great way to socialize, learn and have fun.

The **last Wednesday**
of the month at 8 a.m.

Please register the same day or
call ahead at **613-591-3686 ext. 320**.

Chances R restaurant
1365 Woodroffe Ave.
(College Square)

Transportation can be arranged upon
request for a fee.

Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de services Guigues au 613-241-1266.

 **Western Ottawa
Community
Resource Centre**

**Centre de ressources
communautaires**
d'Ottawa ouest

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