



MAY 2016

WEST CARLETON DINERS CLUB

Western Ottawa Community Resource Centre and community volunteers host a nutritional lunch, entertainment, and/or educational program for seniors and adults with disabilities living in our community – a great way to socialize, learn and have some fun at the same time!

Catered by **Heart and Soul Café**.

The second and fourth Friday of the month from 11:30 a.m. to 1:30 p.m.

Please register **at least 7 days in advance** at **613-591-3686 ext. 320**.
Transportation can be arranged upon request.
Club cost: \$8.00 (NEW PRICE!)

May 13

Register by May 6

Kinburn Community Centre
3045 Kinburn Side Rd.

Music

by **Mainly Strings**

May 27

Register by May 20

Huntley Community Centre
(Old Officer's Mess Hall)
2240 Craig Side Rd., Carp

Music

by **Freddie and Friends**

Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de services Guigues au 613-241-1266.