

Start your morning with the

# NEPEAN BREAKFAST CLUB

A breakfast program provided by the Western Ottawa Community Resource Centre for seniors and adults with physical disabilities living in our community. A great way to socialize, learn and have fun.

The **last Wednesday**  
of the month at 8 a.m.

Please register the same day or  
call ahead at **613-591-3686 ext. 3.**

**Chances R restaurant**  
1365 Woodroffe Ave.  
(College Square)

Transportation can be arranged upon  
request for a fee.

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## Entertainment

July 31

Brian Toth

August 28

Freddie Pitz

September 25

Larry & the Wayback Time  
Machine

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*Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de services Guigues au 613-241-1266.*

Western Ottawa  
Community  
Resource Centre  Centre de ressources  
communautaires  
d'Ottawa ouest

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