



November / December 2019

West Carleton Diners Club

Western Ottawa Community Resource Centre and community volunteers host a nutritional lunch, entertainment, and/or educational program for seniors and adults with physical disabilities living in our community – a great way to socialize, learn and have some fun at the same time!

Select lunches catered by Greensmere Golf and Country Club.

Please register **at least 7 days**

in advance at 613-591-3686 ext. 327.

Transportation can be arranged upon request.

Club Cost: \$10.00

Friday, November 8th

11:30 pm - 1:30 pm

Kinburn Community Centre, 3045 Kinburn Side Road - Kinburn

Please RSVP by Friday, November 1st

Lunch provided by:

Sharing Wisdom Lives and Hearts Program

Guest Speakers:

Gillian Mattock and Stephanie Cadieux
“Elder Abuse Awareness”

Friday, November 22nd

11:30 pm - 1:30 pm

Huntley Community Mess Hall, 2240 Craig Side Road - Carp

Please RSVP by Friday, November 15th

Entertainment:

Arlene Quinn

Friday, December 13th

11:30 pm - 1:30 pm

Kinburn Community Centre, 3045 Kinburn Side Road - Kinburn

Please RSVP by Friday, December 6th

Join us as we celebrate the season with a festive party with entertainment by the **O’Connor Family**. Joint lunch with **Kinburn Seniors** and **Huntley Friendship Club**.

Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de services Guigues au 613-241-1266.