

Location/Lieu	Dec. 23 / 23 déc	Dec. 24 / 24 déc	Dec. 25 / 25 déc	Dec. 26 / 26 déc	Dec. 27 / 27 déc	Dec. 28 / 28 déc	
Kanata Western Ottawa Community Resource Centre (2 MacNeil Court)	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m. Open Drop-In 5:00 to 7:00 p.m.	Ottawa Chinese Community Service Centre 1:30 to 3:00 p.m.	Closed / Fermé	Closed / Fermé	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m.	Open Drop-In 9:30 to 11:30 a.m.	
Carp Carp Memorial Hall (434 Donald B. Munro Dr.)		Open Drop-In 9:30 to 11:30 a.m. Baby & Me Drop-In 1:00 to 3:00 p.m.			Open Drop-In 9:30 to 11:30 a.m. Nap Free One to Three 1:00 to 3:00 p.m.		
Stittsville St. Andrew's Presbyterian Church (2 Mulkins St.)	Open Drop-In 1:00 to 3:00 p.m.				Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m.	
Beaverbrook Kanata Beaverbrook Community Centre (1002 Beaverbrook Rd.)		Open Drop-In 9:30 to 11:30 a.m.					
Corkery Corkery Community Centre (3447 Old Almonte Rd.)	Open Drop-In 9:30 to 11:30 a.m.					Open Drop-In 9:30 to 11:30 a.m.	
Fitzroy Harbour Bethel St. Andrews United Church (184 Jack Loughheed Way)		Storytime L'heure du conte 9:30 to 11:30 a.m.					
Constance Bay Northwind Wireless Fibe Centre (Link Room) (262 Len Purcell Dr.)							
Hazeldean Mall (300 Eagleson Rd.)						Storytime L'heure du conte 10:00 to 10:45 a.m.	
Bridlewood Stonehaven Retirement Residence (70A Stonehaven Dr.)	Baby & Me Drop-In 9:30 to 11:30 a.m.						

Location/Lieu	Dec. 30 / 30 déc	Dec. 31 / 31 déc	Jan. 1 / 1 jan	Jan 2 / 2 jan	Jan 3 / 3 jan	Jan 4 / 4 jan
Kanata Western Ottawa Community Resource Centre (2 MacNeil Court)	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m. Open Drop-In 5:00 to 7:00 p.m.	Ottawa Chinese Community Service Centre 1:30 to 3:00 p.m.	Closed / Fermé	Porte ouverte francophone 9h30 à 11h30 Baby & Me Drop-In 1:00 to 3:00 p.m.	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m.	Open Drop-In 9:30 to 11:30 a.m.
Carp Carp Memorial Hall (434 Donald B. Munro Dr.)		Open Drop-In 9:30 to 11:30 a.m. Baby & Me Drop-In 1:00 to 3:00 p.m.		Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m. Nap Free One to Three 1:00 to 3:00 p.m.	
Stittsville St. Andrew's Presbyterian Church (2 Mulkins St.)	Open Drop-In 1:00 to 3:00 p.m.			Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m.
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Bridlewood Stonehaven Retirement Residence (70A Stonehaven Dr.)	Baby & Me Drop-In 9:30 to 11:30 a.m.					



Location/Lieu	MON-LUN	TUES-MAR	WED-MER	THUR-JEU	FRI-VEN	SAT-SAM
Kanata Western Ottawa Community Resource Centre (2 MacNeil Court)	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m. Open Drop-In 5:00 to 7:00 p.m.	CHEO Learn & Play 9:30 to 11:30 a.m. *Call first* 613-831-5112 Ottawa Chinese Community Service Centre 1:30 to 3:00 p.m.	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m. Open Drop-In 5:00 to 7:00 p.m.	Porte ouverte francophone 9h30 à 11h30 Baby & Me Drop-In 1:00 to 3:00 p.m.	Open Drop-In 9:30 to 11:30 a.m. Open Drop-In 1:00 to 3:00 p.m.	Open Drop-In 9:30 to 11:30 a.m.
Carp Carp Memorial Hall (434 Donald B. Munro Dr.)		Open Drop-In 9:30 to 11:30 a.m. Baby & Me Drop-In 1:00 to 3:00 p.m. Open Drop-In 5:00 to 7:00 p.m.	Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m. Nap Free One to Three 1:00 to 3:00 p.m.	
Stittsville St. Andrew's Presbyterian Church (2 Mulkins St.)	Open Drop-In 1:00 to 3:00 p.m.		Open Drop-In 9:30 to 11:30 a.m.		Open Drop-In 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m.
Beaverbrook Kanata Beaverbrook Community Centre (1002 Beaverbrook Rd.)		Open Drop-In 9:30 to 11:30 a.m.		Open Drop-In 9:30 to 11:30 a.m.		
Corkery Corkery Community Centre (3447 Old Almonte Rd.)	Open Drop-In 9:30 to 11:30 a.m.			Open Drop-In 9:30 to 11:30 a.m.		Open Drop-In 9:30 to 11:30 a.m.
Fitzroy Harbour Bethel-St. Andrew's United Church (184 Jack Lougheed Way)		Storytime L'heure du conte 9:30 to 11:30 a.m.	Storytime L'heure du conte 9:30 to 11:30 a.m.			
Constance Bay Northwind Wireless Fibe Centre (Link Room) (262 Len Purcell Dr.)			Storytime L'heure du conte 9:30 to 11:30 a.m.	Open Drop-In 9:30 to 11:30 a.m.		
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Workshop/Atelier	Age/Âge	Date	Time/Heure	Location/Lieu	To register/ Pour s'inscrire	Language/ Langage
<u>Have Fun with Stories</u>						
Participate with your 3 – 6 year old children as we turn story books into fun and engaging activities. This workshop will begin with a story time where we will read our chosen book, followed by crafts, games, and a light snack!	3 to 6 years old with adult	Wednesday January 8th	1:30 to 3:00 p.m.	184, chemin Jack Lougheed Way	Click Here / Cliquez ici	English Anglais
<u>S'amuser avec des histoires</u>						
Venez transformer des livres ordinaires en activités interactives avec vos enfants âgés de 3 à 6 ans. Cet atelier commencera avec une heure du conte, suivi de bricolages, de jeux, et d'une collation !	3 à 6 ans avec adulte	Mercredi 8 janvier	13 h 30 à 15 h 00			
<u>Once Upon a Touch... Story Massage for Children</u>						
Come and connect with your child in a fun and interactive way using positive touch through a variety of stories, rhymes and songs. We never outgrow our need to be lovingly touched. This is a perfect opportunity to help de-stress after a busy day and help set up a bedtime routine.	2.5 to 6 years old with adult	Thursday January 16th	5:30 to 7:00 p.m.	2, cour MacNeil Court	Click Here / Cliquez ici	English Anglais
<u>Contes et câlins... Massage avec histoires pour enfants</u>						
Venez connecter avec votre enfant d'une façon amusante et interactive utilisant du contact positif à travers des histoires, rimes, et chansons. C'est une occasion parfaite pour se détendre après une journée chargée et pour établir une routine de coucher.	2.5 à 6 ans avec adulte	Jeudi 16 janvier	17 h 30 à 19 h 00			



Workshop/Atelier	Age/Âge	Date	Time/Heure	Location/Lieu	To register/ Pour s'inscrire	Language/ Langage
<u>Supporting Your Child with Anxiety</u>						
Are you recognizing anxiety in your young child and you don't know how to support them? This workshop will help you to support your child by learning about Thinking Traps, how to build coping plans and problem solving, how to change unhelpful thinking, and how you can help your child to become more resilient.						
	Adults	Tuesday January 21st	6:30 to 8:30 p.m.	1002, rue Beaverbrook Rd.	Click Here / Cliquez ici	English Anglais
<u>Appuyer votre enfant anxieux</u>						
Votre jeune enfant est anxieux, mais vous ne savez pas comment l'aider ? Cet atelier vous aidera à soutenir votre enfant en apprenant à reconnaître les pièges, comment formuler des stratégies d'adaptation et résoudre des problèmes, comment changer des pensées négatives, et comment vous pouvez augmenter la résilience de votre enfant.						
	Adultes	Mardi 21 janvier	18 h 30 à 20 h 30			
<u>Let's Be Scientists!</u>						
Get ready for an evening of scientific fun! Experience a range of activities centered on physics, chemistry and biology, and explore the scientific method in a kid-friendly environment.						
	3 to 6 years old with adult	Thursday January 23rd	5:30 to 7:00 p.m.	2, cour MacNeil Court	Click Here / Cliquez ici	English Anglais
<u>Soyons scientifiques !</u>						
Préparez-vous pour une soirée de divertissement scientifique ! Venez expérimenter avec une gamme d'activités centrées sur la physique, la chimie, et la biologie, et explorez la méthode scientifique dans un environnement amusant pour les enfants.						
	3 à 6 ans avec adulte	Jeudi 23 janvier	17 h 30 à 19 h 00			



Workshop/Atelier	Age/Âge	Date	Time/Heure	Location/Lieu	To register/ Pour s'inscrire	Language/ Langage
<u>Let's Get Moving!</u>						
Is your child feeling a bit restless with winter weather in full swing? Come join us for a night of big body movements to shake off the cabin fever. Dress comfortably with indoor shoes and get ready to wiggle your sillies out and explore the limits of what your child is capable of!	3 to 6 years old with adult	Tuesday January 28th	5:30 to 7:00 p.m.	2, rue Mulkins St.	Click Here / Cliquez ici	English Anglais
<u>On bouge !</u> Est-ce que votre enfant a besoin de bouger cet hiver ? Venez vous amuser dans une soirée pleine d'énergie avec des activités pour monter, sauter, danser, etc. Habillez-vous confortablement, apportez vos souliers intérieurs, et préparez-vous à bouger et à découvrir tout ce que ton enfant peut accomplir !	3 à 6 ans avec adulte	Mardi 28 janvier	17 h 30 à 19 h 00			
<u>Have Fun with Stories</u>						
Participate with your 3 – 6 year old children as we turn story books into fun and engaging activities. This workshop will begin with a story time where we will read our chosen book, followed by crafts, games, and a light snack!	3 to 6 years old with adult	Wednesday January 29th	1:30 to 3:00 p.m.	184, chemin Jack Lougheed Way	Click Here / Cliquez ici	English Anglais
<u>S'amuser avec des histoires</u> Venez transformer des livres ordinaires en activités interactives avec vos enfants âgées de 3 à 6 ans. Cet atelier commencera avec une heure du conte, suivi de bricolages, de jeux, et d'une collation !	3 à 6 ans avec adulte	Mercredi 29 janvier	13 h 30 à 15 h 00			



Workshop/Atelier	Age/Âge	Date	Time/Heure	Location/Lieu	To register/ Pour s'inscrire	Language/ Langage
<p><u>Building with Dad</u></p> <p>We build relationships by doing simple things together, like building structures and just having fun together! Explore construction using simple materials such as toothpicks, elastic bands and even pool noodles. Participants will venture through various stations tailored to supporting fine motor development, getting connected and just having fun!</p>	3 to 6 years old with Dad	Thursday January 30th	5:30 to 7:00 p.m.	2, cour MacNeil Court	Click Here / Cliquez ici	English
<p><u>Construire avec papa</u></p> <p>Nous construisons des relations en faisant des activités simples, comme construire des structures et s'amuser ensemble ! Venez explorer la construction avec des matériaux simples comme des cure-dents, des élastiques et même des nouilles de piscine. Il y aura plusieurs stations pour renforcer la motricité fine, développer la créativité, et pour s'amuser !</p>	3 à 6 ans avec papa	Jeudi 30 janvier	17 h 30 à 19 h 00			Anglais



INDOOR SHOES ONLY