

January 2020

Kanata Diners Club

The Western Ottawa Community Resource Centre and community volunteers host a nutritional lunch, entertainment, and/or educational program for seniors and adults with physical disabilities living in our community – a great way to socialize, learn and have some fun at the same time! Catered by **Timesaver Foods**. Cookies supplied by **Wildpine Residence**. Desserts provided by **The Bradley**.

Wednesdays from 11 a.m. to 1 p.m. Kanata Seniors' Centre

Mlacak Centre Halls C and D 2500 Campeau Dr., Kanata

Please register at least 7 days in advance with Brad Hammond at 613-591-3686 ext. 316.

Transportation can be arranged upon request.

Club cost: \$10.00

January 8th

Register by January 1st

January 15th

Register by January 8th

January 22th

Register by January 15th

January 29th

Register by January 22nd

Starry Nights

Ottawa Fire **Department**

Ginette Hamilton

Tea and Toast

Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de services Guigues au 613-241-1266.

