

# Chrysalis House

## Fall and Winter 2020/2021 Wish List

It is through the generous donations of the community that we are able to provide necessary comfort items for women and children, as well as supplies for therapeutic and recreational programming.

Please see list for ideas, but you are also welcome to call 613-591-5991 ext. 229 to discuss your ideas with a worker.

### New Items for the House

- Roku
- Polaroid Camera + Film
- Bluetooth Speaker
- Journals
- Umbrellas
- Hair Dryers
- Hair Straighteners / Curling Irons
- Travel Coffee Mugs
- Water Bottles
- Ear Phones / Ear buds
- Phone Chargers
- 2021 Calendars / Agendas
- Kids Bed Sheets / Crib Sheets
- Tupperware containers for lunch kits and general use
- Lanyards
- Maxi pads / panty liners
- Slippers
- Bathrobes
- Adult female pajamas

### Arts and Crafts

- Craft Supplies
- Stationary
- Adult Colouring Books
- Adult Activity Books / Cross-word Puzzles

### Gift Certificates

- Dollarama
- Uber Eats
- Netflix
- Food Basics
- Wal-Mart
- Loblaws
- Chapters
- Coffee Shops
- Michaels
- Gas Cards
- Bayshore
- Pay as you go phone cards
- iPads
- Smart Phones

- New Winter Clothing
- New Winter Boots
- Make-up + Skin care products - All skin types and colours
- Bubble bath

### Small household items to be given to women as they transition back to the community

- Pots and Pans
- Dishes and Cutlery
- Microwave Ovens
- Toasters
- Kettles
- Coffeemakers
- Bed Sheets
- Bath Towels / Face Cloths
- Table lamps
- Alarm Clocks
- Fans
- Kids Toiletries
- Nightlights
- Fidget toys / stress balls

*We also gratefully accept monetary donations which go towards supporting ongoing program needs.  
To learn how you can help, please visit: [wocrc.ca](http://wocrc.ca).*