



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> <p><b>Crafts &amp; Conversation</b> 1-2pm</p> <p>Trivia Time 6:00-6:45 pm</p>	<p>2 <b>A Day in the Park</b> <b>*New In Person Program*</b> 10-11 am</p>	<p>3</p> <p><b>Virtual Vacation</b> 6:30 – 7:30 pm</p>	<p>4</p> <p><b>Telephone Social</b> 11-12 pm</p>	<p>5</p> <p><b>Discussion Group</b> 10– 11am</p>
<p>8</p> <p><b>Karaoke Sing-Along</b> 6:30-7:15 pm</p>	<p>9 <b>A Day in the Park</b> <b>*New In Person Program*</b> 10-11 am</p>	<p>10</p> <p><b>Bingo 1-2 pm</b></p>	<p>11</p> <p><b>Telephone Social</b> 11-12 pm</p>	<p>12</p> <p><b>Discussion Group</b> 10– 11am</p>
<p>15</p> <p><b>Crafts &amp; Conversation</b> 1-2pm</p>	<p>16 <b>A Day in the Park</b> <b>*New In Person Program*</b> 10-11 am</p>	<p>17</p> <p><b>Virtual Vacation</b> 6:30 – 7:30 pm</p>	<p>18</p> <p><b>Telephone Social</b> 11-12 pm</p>	<p>19</p> <p><b>Discussion Group</b> 10– 11am</p>
<p>22</p> <p><b>Karaoke Sing-Along</b> 6:30-7:15 pm</p>	<p>23 <b>A Day in the Park</b> <b>*New In Person Program*</b> 10-11 am <b>Book Club</b> 1-2pm</p>	<p>24</p> <p><b>Bingo 1-2 pm</b></p>	<p>25</p> <p><b>Telephone Social</b> 11-12 pm</p>	<p>26</p> <p><b>Discussion Group</b> 10– 11am</p>
<p>29</p>	<p>30</p> <p><b>A Day in the Park</b> <b>*New In Person Program*</b> 10-11 am</p>	<p>31</p>		

## Social Programs Calendar Description

Are you missing getting together with friends, having good conversations or just feeling a bit lonely? We invite you to take part in any of the virtual social programs we are offering-we hope you will find them fun, factual and interesting. Programs run through either a telephone call or your computer (**Internet Access required**).

**To join a Telephone Program when it starts please call Mercuri at 613-686-1547, use code to 361778 followed by the # key to join.**

### Blue Lettering-Telephone Based Programs:

#### Telephone Social:

Our hosts will guide the conversation with interesting topics, trivia, humour, storytelling and reminiscence. Join the conversation, or just sit back and listen, you just might learn something new.

#### **Bingo: (2<sup>nd</sup> and 4<sup>th</sup> Wednesday of the month)**

You can take part in playing Bingo from the comfort of your own home. We provide you cards to play with and occasional small prizes.

**Trivia Time:** Put your thinking cap on and get ready to have some fun with trivia.

**A Day in the Park-**New In person Program****: Join us for a 20-30-minute walk followed by story time with children and their caregivers. Trail and gazebo to sit in are accessible. Call Tasjha at extension 336 for location and more information.

### Red Lettering-Virtual Programs /Computer & Internet Required

#### **Discussion Group:**

Join in with the discussion or listen to our hosts each week as we explore various topics through a variety of computer presentations.

#### **Crafts & Conversation: (1<sup>st</sup> and 3<sup>rd</sup> Monday of the month)**

Pour yourself a cup of tea and get comfortable with whatever craft project you are working while you craft in the pleasant company of others.

#### **Virtual Vacation: (1<sup>st</sup> and 3<sup>rd</sup> Wednesday of the month)**

Bring your favourite snack and beverage and come travel the world with us from the comfort of your own home. Join us weekly as we travel the globe and experience unique cultures, traditions, landscapes, historical sites, and the general beauty that our world has to offer.

#### **Karaoke: (2<sup>nd</sup> and 4<sup>th</sup> Monday of the month)**

Let's have some fun singing together.

**Book Club:** New Program. Please call Tasjha at 613-591-3686 extension 336 to find out what book we are reading and how to join.

**For information on any of these programs, please call CSS at 613-591-3686 option 3.**

**Ces programmes sont offerts en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec le Centre de Services Guigues à Montfort Renaissance au 613-241-1266.**