



July - August 2024

West Carleton Diners Club

Western Ottawa Community Resource Centre and community volunteers host a nutritional lunch, entertainment, and/or educational program for seniors and adults with disabilities living in our community – a great way to socialize, learn and have some fun at the same time!

**Please register at least one week
in advance at 613-591-3686 ext. 327.
Transportation can be arranged upon request.
Cost per lunch: \$12.00**

Wednesday, July 17, 2024

Register by Wednesday, July 10
Bethel St. Andrews Church, Fitzroy Harbour
184 Jack Lougheed Way
11:30 am - 1:30 pm

**Join us for a summer
Barbeque lunch to connect
with friends and socialize!
(No musical entertainment)**

Wednesday, August 14, 2024

Register by Wednesday, August 7
PJ's Restaurant - Arnprior
394 Madawaska Blvd.
11:30 am - 1:30 pm

**Restaurant Lunch Bunch!
Everyone pays their own bill**

Ce programme est offert en anglais seulement. Si vous souhaitez recevoir des services en français, veuillez communiquer avec Montfort Renaissance - Centre de services Guigues au 613-241-1266.