



FOOT CARE

Western Ottawa
Community
Resource Centre

Centre de ressources
communautaires
d'Ottawa ouest

Do you suffer from the following problems?

- **Diabetes**
- **Neuropathy**
- **Peripheral Vascular Disease**
- **Ingrown Toenails**
- **Corns/Calluses**
- **Thick Fungal Nails**
- **Cracked Heels**
- **Swollen feet and/or ankles**
- **Poor circulation**
- **Varicose Veins**

If you answered 'yes' to more than one of the above, you should be followed regularly by an Advanced Foot Care Nurse.

Up-to-date best practices for Advanced Foot Care Services. All services provided by nurses registered in their respective discipline.

**To schedule an appointment, please call
613-591-3686, option 3.**